

Rosehaven

Client Profile:

- Gender: Female
- Accredited 9th grader or above; or able to function in community school if below 9th grade
- Youth with high school degrees or GEDs must be able to secure employment & pursue higher ed
- Able to function, with support, in the community
- Assessed as having no more than mild developmental delays
- Cognitive levels tested at 70 or above, and able to meet minimum expectations of the program
- Ages: 16 – 21 years (must be in state's custody if over 18)
- Moderately to severely emotionally disabled
- Able to participate in own self-care
- Not actively suicidal/homicidal at time of admission
- Not in need of medical detoxification

The Treatment:

- [Risking Connection®](#) (A trauma-informed and relationship-based care approach)
- Substance abuse assessment and services, including [Seven Challenges®](#), education and 12-step programming
- Individual, group and family therapy offered by master's level clinician
- Volunteer and employment opportunities supported by Independent Living Specialists
- Identity, independence, and self-worth development through psycho-educational groups and individual goal work with mentors
- A range of therapeutic approaches including:
 - Cognitive Behavioral Therapy (CBT)
 - Trauma-focused CBT
 - Dialectical Behavioral Therapy/Mindfulness Practices
 - Motivational Interviewing
 - Solution-Focused Brief Therapy
 - Eye Movement Desensitization and Reprocessing (EMDR)

Treasure Home

Client Profile:

- Gender: Female
- Ages: 12 – 21 years (must be in state's custody if over 18)
- Accredited 9th grader or above; or able to function in community school if below 9th grade
- Able to function, with support, in the community
- Assessed as having moderate to severe developmental delays
- Cognitive levels below 70
- Moderately to severely emotionally disabled
- Able to participate in own self-care
- Not actively suicidal/homicidal at time of admission
- Not in need of medical detoxification
- Able to maintain own safety in a community setting

The Treatment:

- Individual, group and family therapy by a master's level clinician
- [Risking Connection®](#) (A trauma-informed and relationship-based care approach)
- Substance abuse assessment and services, including [Seven Challenges®](#), education and 12-step programming
- Mentor-mentee relationship with youth counselors
- Physical and recreational activities including recreation and art therapy
- Educational support to facilitate attendance and success in public school
- Identity, independence, and self-worth development through psycho-educational groups and individual goal work with mentors
- Supported community activities
- A range of therapeutic approaches including:
 - Cognitive Behavioral Therapy (CBT)
 - Trauma-focused CBT
 - Dialectical Behavioral Therapy/Mindfulness Practices
 - Motivational Interviewing
 - Solution-Focused Brief Therapy
 - Eye Movement Desensitization and Reprocessing (EMDR)