

Client Profile:

- Gender: Female
- Ages: 12 -17 years
- Could be assessed as having developmental delays
- Moderately to severely emotionally disabled
- Able to participate in own self-care
- Not actively suicidal/homicidal at time of admission
- Not in need of medical detoxification
- Medicaid funded

The Treatment:

The MB Care Program provides a highly structured environment with intense staff supervision and therapeutic treatment designed to teach skills needed to overcome emotional and behavioral challenges. Children learn how to build and maintain healthy relationships with others. The program is built on the team approach and includes group (milieu) therapy, clinical services, educational services, medical services and activities.

Treatment components:

- Individual, group and family therapy
- Life skills and social skills training
- Substance abuse assessment and services in accordance with the Seven Challenges® treatment model
- Mentor-mentee relationship with youth counselors
- Physical and recreational activities

Education:

The educational needs of the children in the MB Care Program are served through the on-campus Brooklawn School in partnership with Jefferson County Public Schools. An Educational Program Manager and youth care workers coordinate services between treatment and academic team members.